



Resources List

Bayside

Table of Contents



3	AFFORDABLE HOUSING	20	EVICTION & LEGAL ASSISTANCE
4-5	BILL PAYMENT	21	FINANCIAL COUNSELING & BUDGET COACHING
6-8	CHILD & FAMILY ASSISTANCE	22-23	FOOD ASSISTANCE
9	CLOTHING ASSISTANCE	24	FUNERAL ASSISTANCE
10-11	COUNSELING & ENCOURAGEMENT	25	FURNITURE ASSISTANCE
12	CRISIS HOTLINES	26-29	HOMELESS ASSISTANCE
13-14	DENTAL CARE	30	JOB ASSISTANCE
15-16	DOMESTIC VIOLENCE	31	LEGAL ASSISTANCE
17-19	QUICK HOUSING, MOTEL VOUCHERS, & SHELTERS	32	ADULT PROTECTIVE SERVICES

33-35

PREGNANCY &
ADOPTION RESOURCES

36-37

RENT ASSISTANCE

38-41

SENIOR RESOURCES

42

SUICIDE PREVENTION
HOTLINES

43

YOUTH CRISIS
HOTLINES

44

WHY SHOULD I FOLLOW
JESUS?



Affordable Housing



Placer County Housing Authority

(530) 889-7676

Website: www.placer.ca.gov/

Who: Serving the diverse needs of our residents, Placer County prioritizes the development of an inclusive & multi-faceted approach to addressing the accessibility of housing.

Sacramento Housing Choice Voucher

(916) 440-1390

Website:

www.shra.org/housing-choice-voucher-program/

Who: Assists very low-income individuals & families to afford decent, safe, & sanitary housing in the private rental housing market.

Sacramento Housing & Redevelopment Agency

(916) 444-9210

Website: www.shra.org

Who: The Sacramento Housing & Redevelopment Agency was created to ensure the ongoing development of affordable housing & to continuously fuel community redevelopment projects in the city & county of Sacramento.

Bill Payments



These are six of the primary expenses that consumers need help paying in today's challenging environment.

For **additional assistance**, email: info@needhelppayingbills.com

Include your STATE in the email

- Debt help & reduction of credit card & medical debts
- Free mortgage help & foreclosure prevention
- Grants & financial aid to help with electric bills & energy expenses
- Help with medical bills
- Help with taxes, including income & property
- Lawyers provide pro-bono & free legal advice & aid

Help with Paying Bills

Website:

www.needhelppayingbills.com

- A website designed to direct you towards help in a variety of ways & situations



SMUD; Energy Assistance Program Rate

EMERGENCY Payment Arrangements: (888) 742-7683

Home Energy Assistance Program (HEAP): (916) 567-5200

Salvation Army: (916) 678-4010

PG&E

EMERGENCY payment arrangements: (800) 743-5000

Payment Assistance (Project Go): (916) 782-3443

Payment Assistance (REACH): (800) 933-9677

City of Roseville Utility

(916) 774-5300

Greater Sacramento Urban League

(916) 286-8600

Website: www.gsul.org

Who: The mission of the Greater Sacramento Urban League is to empower Black & other historically marginalized people throughout the region in securing economic self-reliance, educational fulfillment, social justice, & civil rights while living well, being well, & thriving.

Travelers Aid Society Utility Payment Assistance

(916) 399-9646

Website: www.taeea.org

Who: Travelers Aid Emergency Assistance Agency's mission is to provide human services throughout the greater Sacramento Area to individuals & families, especially to those where minor dependent children & other protected populations are at risk.

Child & Family Assistance

24-Hour Parent Support Line

(888) 281-3000

The Sacramento Children's Home

South Sac Nursery (916) 394-2000

North Sac Nursery (916) 679-3600

Website: www.kidshome.org/contact/

Who: The Sacramento Children's Home has been committed to helping children by providing high-quality care to the Sacramento region's most vulnerable children & families.

Sacramento CASA

(916) 875-6460

Website: sacramentocasa.org/contact/

Who: Ensuring consistency & support for children in the foster care system through the use of volunteer advocates advancing the best interests of each child.



Child Action

(916) 369-0191

Website: wp.childaction.org

Who: We empower families & childcare professionals with the tools & support services they need to care for children successfully. Providing free childcare information & referrals to childcare centers, family day care homes, nursery schools, & before + after school programs.

Boys & Girls Club Placer County

(916) 789 7884

Website: bgcplacercounty.org

Who: The positive programs & activities the club provides for the youth of Placer County are helping them to become productive, self-sufficient individuals at no cost. We are committed to the Youth Development Strategy of instilling in our members a sense of competence, usefulness, belonging, & the power of influence.

Folsom Cordova Community Partnership

(916) 361-8684

Website: www.thefccp.org

Who: We empower individuals & families by increasing their knowledge, assisting in building their skill level, providing current, & relevant resources. Free resources like diapers, formula, rental & utility assistance, RT bus passes, etc.



Laundry Love

(916) 690-7777

Website: laundrylovech.org

Who: Laundry Love washes the clothes and bedding of low/no income families and person(s) across the US. We brighten the lives of thousands of people through love, dignity, and detergent by partnering with diverse groups and laundromats nationwide.

Sierra Pregnancy + Health

916) 624-8990

Website: sierraph.org

Who: SPH is a unique organization providing no-cost physical, emotional, & spiritual health care to women & families before, during, & after pregnancy. If you or someone you know is in need of parenting classes or essential infant items & cannot afford them, contact Sierra Pregnancy. Some items offered, are free diapers per month & car seats.

Clothing Assistance

Adventist Community Services

(443) 391-7200

Website:

www.nadadventist.org

Who: Offers a variety of services to families & individuals who are in need, out of work, or simply having a hard time making ends meet.

First Baptist Church of North Sac

(916) 922-9365

Website:

fbnorthsac.org/community-service/

Who: A church that services the community in a variety of ways. One way they serve is by giving free clothing to people in need.

Open **Friday** 9:30am - 12pm

Destiny Threads

(916) 780-2273

Website:

app.acuityscheduling.com/schedule.php?owner=24332306

Who: A ministry of Destiny Church that provides free clothing for anyone in crisis. Online only to book an appointment.

Union Gospel Mission

(916) 447-3268

Website: ugmsac.com

Who: Union Gospel Mission is a ministry to glorify Jesus Christ by evangelizing & regenerating people in need. The Mission provides a Christ-centered environment, clothing, food, shelter, spiritual training if wanted, & a rehabilitation program to serve these needs.



Counseling & Encouragement

Bayside Counseling Center (916) 746-7235

Website: www.baysideonline.com/clinical-counseling/

Who: This counseling center is through Bayside Church. We have highly trained therapists that are ready to join you in your journey towards hope & healing. Our therapists are coming from a faith perspective, & seek to integrate Christian truths into the work as appropriate to each client. We have the option of free pastoral counseling or regular counseling at our center.

Hope in Life Ministries: (844) 669-4673
Biblical Prayer Counseling

Website: www.hopeinlifeministry.org/prayer-counselor-c1dci

Who: Biblical Prayer Counselors help to bring about the fullness of life through the promises of the Bible, & provide principles which enable a person the ability to have God's peace & joy in any situation. This is offered in person or through video.

K-LOVE Radio (800) 525-5683

89.7 & 99.5 – *Positive & Encouraging Christian Radio Station*

- 24/7 Prayer & Support – call & speak to one of our Pastors

Who: In addition to providing uplifting music, K-LOVE Radio has full time pastors to give you Christian advice as you walk through the challenges of life.

Mental Health Treatment Center

(866) 798-9320

Website: www.casaserena.org

Who: Mental Health Treatment Center, Casa Serena, is truly a destination treatment & rehab center for women in recovery from alcohol & drugs. Our two charming Victorian Homes are nestled in the heart of downtown Santa Barbara, near cultural landmarks and sprawling beaches.

*“Praise be to the God and Father of our Lord Jesus Christ,
the Father of compassion and the God of all comfort,
who comforts us in all our troubles, so that we can comfort those
in any trouble with the comfort we ourselves receive from God.”*

2 Corinthians 1: 3-4



If EMERGENCY, call 911

Crisis Hotlines

Child Protective Services

(916) 872-6549

Child Abuse Prevention

(916) 875-5437

Domestic Violence

(916) 872-6549

Mental Health Emergency: Placer County

(888) 886-5401

National Domestic Violence Hotline

(800) 799-7233

Sacramento Children's Home

(916) 452-3981

Senior or Dependent Adult Abuse

(916) 874-9377

Substance Abuse Emergency/Alcohol & Drug Treatment Service

530) 889-7240 x7218

Suicide Prevention Crisis/Counseling

(916) 368-3111 or (800) 273-8255

Domestic Violence Resource

Sacramento County

Children Services

Child Protective Services, (CPS) 24/7 Hotline: (916) 875-5437

Sacramento Childrens Home, Crisis Nursery: (916) 679-3600

- South Sac (916) 394-2000
- North Sac (916) 679-3600

Website: www.kidshome.org/what-we-do/crisis-nursery-program/

Who: The Sacramento Children's Home operates the county's only Crisis Nursery. Our mission is to prevent child abuse & neglect by providing support to families at times of crisis. The Sacramento Crisis Nursery is a family-strengthening program, where parents can bring their children ages 0-5 to one of two Sacramento nurseries for emergency childcare services or overnight care during difficult times.

Shelter Services

My Sisters House, Sacramento: (916)428-3271

Website: <http://www.my-sisters-house.org>

Who: To serve Asian & Pacific Islanders & other underserved women & children impacted by domestic violence, sexual assault, & human trafficking by providing a culturally appropriate responsive safe haven, job training & community services.

National Domestic Violence, Hotline: (800) 799-7233

St. John's Program for Real Change (Women & Children): (916) 453-1482

Website: saintjohnsprogram.org

Who: A residential program that focuses on mother-led families struggling with homelessness in the Sacramento region. They also offer other services for overall human health; mental health housing, child care support, employment training, educational programs & life skills.

The Center for Violence-Free Relationships, Placerville & El Dorado County:
(530) 626-1131

W.E.A.V.E., Sacramento 24/7 Hotline: (916) 920-2952

Victim Services



Victim Services Unit: (877) 433-9069

Website: oag.ca.gov/victimservices

Who: The Victim Services Unit (VSU) was created to better serve crime victims & their families. Victims have rights & Attorney General Bonta is committed to ensuring those rights are protected. VSU offers support & information to victims & their families at every stage of the criminal process.

Victim Witness Assistance Program, Placer County: (916) 874-5701

Website: www.placer.ca.gov/3356/Victim-Witness-Assistance

Who: We offer services to victims/witnesses of all crime types. Help is provided from the moment the crime occurs for as long as it is needed. A Victim Representative will speak with you & determine how we can assist you. Program services are provided free of charge & no legal citizenship is required.

Quick Housing, Motel Vouchers, & Shelters

Everyone Matters Ministries

Website:

everyonemattersministries.com

Who: EMM mission is to provide refuge, restore lives, & rebuild community for families experiencing poverty & homelessness. This is a Christ-centered service organization that empowers families to break cycles of poverty. We assist clients in the Sacramento Region by providing transitional housing, life skills coaching & mentorship.

Gathering Inn

(916) 791-9355

Website:

www.thegatheringinn.com

Who: A multifaceted organization with multiple locations that serves over 250 individuals every day throughout Placer County. Since 2004, The Gathering Inn has served countless individuals experiencing homelessness aiming to welcome new beginnings & transform lives.

PIRS

(916) 447-3268

Website: pirs.org

Who: Advocate, empower, educate the community & provide services for people with disabilities, enabling them to control their alternatives for independent living.



Powerhouse Ministries

(916) 983-0658

Website:
app.acuityscheduling.com/schedule.php?owner=24332306

Who: Powerhouse Ministries is a Christian non-profit which exists to inspire & empower people to rise above their circumstances, change their lives & impact their community.

SHRA-Changing Lives

(916) 440-1390

Website:
www.shra.org/find-housing/

Who: SHRA's primary mission is affordable housing which we accomplish in various ways.

Salvation Army

(916) 678-4010

Website:
www.salvationarmyusa.org/usn/provide-shelter/

Who: Salvation Army offers Motel Vouchers. At The Salvation Army, their doors are open every day & night of the year. Through emergency housing facilities, homeless shelters, transitional living centers, group homes, & family shelters. Providing more than 8 million nights of lodging annually.

St. Johns Program

(916) 453-1482

Website: saintjohnsprogram.org

Who: See page 14

Union Gospel Mission

(916) 447-3268

Website: ugmsac.com

Who: See page 08

VOA,

Website: www.voa.org

Emergency Family Shelter

(916) 362-3150

Who: VOA protects the freezing winter climate & the scorching summer heat. Extreme temperature ranges can be life-threatening & create an urgent need for our neighbors experiencing homelessness.

Home Start

(916) 782-6667

Who: Home Start Inc. is currently under the management of VOA, which has also finished renovating the Home-Start facility in Roseville to improve its capacity to address homelessness and give Home Start clients access to services.

Travelers Aid

(916) 399-9646

Website:
www.taeea.org

Who: Travelers Aid Emergency Assistance Agency's mission is to provide human services throughout the greater Sacramento Area to individuals & families, especially to those where minor dependent children & other protected populations are at risk. Our definitive goal is to stabilize individuals &/or the family unit to return them back into a healthy lifestyle.

Eviction & Legal Assistance

Any 3-day notice or a 30-day notice should be treated as an EMERGENCY & **LEGAL ASSISTANCE** should be obtained **IMMEDIATELY**. Call the phone numbers below to STOP your eviction:

- Legal Help Center/ Placer County: (916) 408-6446
- Placer County Human Services: (530) 889-7610
- **NOTE:** If a landlord wants to evict you, a notice or letter must be served to you by the landlord or an attorney. To appeal the eviction, you must respond to the court within the given time frame. **IF YOU DO NOT RESPOND YOU MUST MOVE.** If you do not move, the sheriff's department can forcibly remove you from the premises.

Tenant's Together

(888) 495-8020

Website: www.tenantstogether.org

Who: Tenants Together is dedicated to defending & advancing the rights of California tenants to safe, decent & affordable housing.

Legal Services of NorCal

(800) 660-6107

Website: www.lsn.net

Who: The mission of Legal Services of Northern California is to provide quality legal services to empower the poor to identify & defeat the causes & effects of poverty within our community, efficiently utilizing all available resources.

Financial Counseling & Budget CⓈaching



Crown Financial Ministries

(800) 722-1976

Website: www.crown.org

Who: For 47 years, Crown has helped people all over the world understand who they are, what they have & how to best use both. Using proven biblical methods & resources transforms individuals, families, communities & even entire nations. They have a financial help section to develop proven resources to help people activate their full financial potential & find freedom from financial stress.

Bluewater Credit

(916) 315-9191

Website: bluewatercredit.com/

Who: A company that helps with credit or debt problems. They meet with free-of-charge consultation & guide you to healthy next steps in your finances.

Budget Coaching, Bayside Church

(916-746-8602)

Website: granitebay.baysideonline.com/additional-resources/

Who: The Bayside Budget Coaching Ministry considers it a privilege to assist you with your budget. We understand this can be a difficult or overwhelming part of your life, but we are here to help you organize your budget in a way that brings hope & blessing.

Food Assistance

PLACER COUNTY



Placer Food Bank

(916) 783-0481

Website: placerfoodbank.org

Who: Placer Food Bank's mission is to sustain communities by nourishing families experiencing food insecurity, & educating the community about hunger, while advocating for hunger relief.

Sacramento Food Bank

(916) 456-1980

Website: www.sacramentofoodbank.org

Who: Sacramento Food Bank currently partners with more than 130 partner agencies. This allows them to distribute food to individuals & families throughout Sacramento County. Call or go to the website to find a food bank near you.



Twin Lakes Food Bank

(916) 985-6232

Website: www.twinlakesfoodbank.org

Who: Twin Lakes' mission is to share God's love by mobilizing the community to provide food & support to those in need. Their vision is to be the hope in their community by providing the basic needs of nutritious food & social assistance with dignity & humility.

EL DORADO COUNTY

Feed Eldorado

Website: www.feededc.org

Who: A Non-Profit that is Fighting Hunger in El Dorado County by Providing Food Assistance. Feed El dorado is used to sustain communities by nourishing families experiencing food in-security in El Dorado County.



Funeral Assistance

Indigent Cremation

Placer County offers Indigent Cremation for those who cannot afford final disposition of their loved ones. Please contact Placer County Health & Human Services to apply for this program & determine if you are eligible.

- Roseville
(916) 784-6030
- Auburn
(530) 889-7625
- Alternative
(530) 889-7657

Bayside Church, Life Celebration

GBCOL@baysideonline.com

Website: granitebay.baysideonline.com/care/

Who: Bayside Church has a free program to host & provide some details for funerals at one of our church campuses.

Low Cost Cremation & Burial

(916) 482-2466

Website: lowestcostcremation.com



Who: This is one of the last family-owned & operated funeral homes in Sacramento. They provide low-cost funerals.

Furniture Assistance

Furniture for Families

(916) 635-0664

Website:

<http://www.furnitureforfamilies.org>

Who: Furniture for Families is a non-profit, volunteer led, organization. Their mission is to provide children & families with furniture & other household items such as a table to eat & study at, a sofa for the family to gather on & a dresser to put their things in.



Love Inc.

(916) 383-3232

Website:

loveincsacramento.com

Who: We work with local congregations to deliver a bed or beds to family members who don't have one, deliver food to a family without transportation, provide kitchen tables, chairs & much more.



Homeless Assistance

211 Sacramento

Website: www.211sacramento.org/211/guided-search/

Who: A website & assistance to help get connected to other resources or places.

Acres of Hope

(530) 878-8030

Website: www.acresofhopeonline.org

Who: A faith-based renewal center for homeless women with children. Acres of Hope aims to focus on the spiritual, emotional, & physical needs of our residents to help them overcome their circumstances & build positive lifelong habits.

AMI Housing

(530)-878-5088

Website: amihousing.org

Who: AMI Housing's mission is to house & support the most vulnerable residents of the Sierra Region by providing housing, employment, & life skills programs to the residents of Placer.

HART

hartstogether916@gmail.com

Website: www.hartstogether.org

Who: Homeless Assistance Resource Team (HART) is a collaborative movement made of community members, faith-based organizations, businesses & local nonprofits dedicated to serving our unhoused neighbors.

Volunteers of America, Home Start

(916) 265-3400

Website: www.voa-ncnn.org/homestart

Who: A ministry service that provides affordable housing for families in need. This program focuses on homeless families & provides affordable housing in 21 of the units on the Home-Start campus on Riverside Avenue in downtown Roseville.

Loaves & Fishes

(916) 446-0874

Website: sacloaves.org

Who: As the largest homeless service provider in Sacramento, Loaves & Fishes is a 501(c)(3), charitable, non-profit organization dedicated to providing warm meals, essential survival supplies & services for nearly 1,000 adults & children daily.

Next Move

(916) 454-2120

Website: www.nextmovesacramento.org

Who: Next Move is a profound force in moving homeless families & individuals to self-sufficiency & self-reliance.

Placer County

Helpline: (833) 375-2237

Housing Authority: (530) 889-7676

Website: www.placer.ca.gov/4084/Housing-Homelessness

Who: The Placer County gov.

Sac Steps Forward

(916) 577-9770

Website: sacramentostepsforward.org

Who: Sacramento Steps Forward works to end homelessness through leadership, convening partners, data-driven best practices, & improving system performance.

St. John's Program

(916) 453-1482

Website: saintjohnsprogram.org

Who: A residential program that focuses on mother-led families struggling with homelessness in the Sacramento region. They also offer other services for overall human health; mental health, housing, child care support, employment training, educational programs, & life skills.

The Gathering Inn

(916) 791-9355

Website: www.thegatheringinn.com

Who: The Gathering Inn is a multipurpose organization that has served countless individuals experiencing homelessness aiming to welcome new beginnings & transform lives.

Tubman House

(916) 601-2979

Website:

sacramento.downtowngrid.com/listings/tubman-house

Who: Tubman House is a Sacramento transitional community for parenting or pregnant homeless youth (ages 18-21) & their children.

Union Gospel Mission

(916) 447-3268

Website: ugmsac.com

Who: See page 08

Wind Youth Services

24-Hour Shelter Line: (916) 628-1492

Admin or Donations: (916) 504-3313

Website: www.windyouth.org

Who: Wind Youth provides a safe, non-judgmental space for homeless & runaway youth away from the dangers of the street. If you need help with food, clothing, shelter, job placement, or just need someone to talk to, contact Wind Youth Services.



Job Assistance

Career Coaching, Job One

(916) 791-1244

Website:

granitebay.baysideonline.com/career-coaching/

Who: Bayside Churches Job One Program offers career coaching to assist you in finding your next job. This program has helping 1700+ people find jobs.

Department of Rehabilitation

(530)-823-4040

Website:

<http://www.dor.ca>

Who: A place to help those with disabilities find employment. There are a variety of different jobs to choose from.

Placer County Jobs

(530) 886-4607

Website:

jobapscloud.com/placer/

Who: Placer County's employment opportunities page offers a variety of different jobs. You can access their system & fill out an application today.



Legal Assistance

Legal Assistance of Northern California

(916) 551-2150

Website: lsnc.net

Who: *The mission of Legal Services of Northern California is to provide quality legal services to empower the poor to identify & defeat the causes and effects of poverty within our community, efficiently utilizing all available resources.*

Placer Dispute Resolution

(530) 887-2800

Website: www.placerdisputeresolution.org

Who: *Placer Dispute Resolution is a non-profit, community-based conflict resolution organization. We offer mediation, training, & conflict coaching services to those who live in, or own property or a business in Placer County. If you are experiencing a conflict, our experienced mediators can help you reach a satisfying resolution. All services are low-cost, voluntary &, confidential.*

Senior Legal Hotline, Sacramento

(800) 222-1753

Protective Services

Placer County Adult Systems of Care

(888) 886-5401

Website: www.placer.ca.gov/2524/Adult-Protective-Services

Who: The Placer County Health & Human Services Adult System of Care works with local agencies to provide various services for adults & older adults. The division goal is to help adults in their care maintain as much independence & self-sufficiency as possible while also receiving necessary medical & in-home support services.

Services:

- **ACCESS – Adult, Child & Community Emergency Services Systems** – for at-risk children & adults in emergencies & crises, to report child & elder abuse. This is a 24-hour service.
- **Adult Mental Health Services Programs** – including therapeutic intervention, case management & support, skill development, medication & employment services.
- **Adult Protective Services & Public Guardian** – a program to protect older and dependent adults from abuse & neglect.
- **In-Home Supportive Services Programs** – to provide older & disabled adults & children with domestic & personal care services that allow them to stay in their own homes & live safely & with dignity.
- **Senior Peer Counseling** – a free & confidential service where county seniors receive weekly visits from counselors who are their peers, & who are trained to discuss mature-adult issues like grief, health difficulties, retirement, or relocation.
- **Substance Abuse Treatment Programs** – including services to encourage self-help, out-client & residential programs.

Pregnancy & Adoption Resources

Alternatives Pregnancy Center

(916) 880-4040

Website:

alternativespc.org

Who: It is our mission to offer hopeful alternatives to women facing unplanned pregnancies. Whether you need abortion education, prenatal care for a pregnancy, STD testing/treatment, or other women's health services, Alternatives Pregnancy Center's medical professionals are here for you.

The Alliance

(916) 633-1543

Website:

www.defendingthecause.org

Who: The Alliance is a network of agencies, nonprofits, community members, businesses & churches working together to protect kids & strengthen families. Their mission is to ensure all children grow up in a safe, loving family & that local families have access to the resources & support needed to create a healthy, interconnected community.



Koinonia Family Services

(877) 244-5374

Website:

www.kfh.org

Who: Koinonia exist to bring hope & healing to children, youth & families through meaningful relationships & quality programs. Some services offered are Foster Care (including intensive services foster care, emergency foster care, special health care needs, nonminor dependents, therapeutic foster care, & specialized treatment foster care), Adoption, & Short-Term Residential Therapeutic Programs.

PCS Health

(530) 626-6720

Website:

www.pcshealth.org

Who: PCS Health offers pregnancy services you need to gain clarity about your pregnancy. As a CA State licensed medical facility, they offer free & confidential options counseling, pregnancy tests & limited diagnostic ultrasounds, so you can be fully informed about all your pregnancy options.

Sierra Pregnancy + Health

(916) 624-8990

Website:

sierraph.org

Who: SPH is a unique organization providing no-cost physical, emotional, & spiritual health care to women & families before, during, & after pregnancy. There are a variety of services available in this clinic.



Rent Assistance

Placer County

Rent Assistance Search

Website: www.rentassistance.us

Who: Rent Assistance is not associated with any government agency or nonprofit organization. Information available on this website is intended to help low-income individuals & families find emergency assistance for heating & utility bills.

Salvation Army, Roseville

(916) 784-3382

Website: www.salvationarmyusa.org/usn/rent-mortgage-and-utility-assistance/

Who: The Salvation Army provides emergency services, including food, clothing, shelter, a safe space, & a hopeful word to everyone who needs it. With utility assistance, our goal is to provide resources that will help families stay in their homes.

Sacramento County

Sacramento Emergency Rental Assistance

(916) 444-9210

Website: www.shra.org/sera/

Who: In response to the COVID-19 pandemic, the Sacramento Housing & Redevelopment Agency (SHRA), in partnership with the City & the County of Sacramento, through federal and state funding, is offering emergency rent & utilities assistance for renters living anywhere in Sacramento County who have experienced a reduction in household income or other financial hardship due to the COVID-19 pandemic.

Salvation Army, Sacramento

(916) 678-4010

Website: www.salvationarmyusa.org/usn/rent-mortgage-and-utility-assistance/

Who: See page 46

Senior Citizen Assistance

Alzheimer's Aid Society of Northern California

(916) 483-2002

Website: www.alzaid.org

Who: Providing direct care to anyone with memory impairment is impactful physically, emotionally, spiritually, & financially. Our goal at the Aid Society is to provide tools to the caregiver in all stages of the journey.

Apex Elder Care

(877) 389-4507

Website: apexcare.com

Who: An independent and privately-owned company that services 10 counties in Northern California through our 5 primary offices in Sacramento, Vacaville, Napa, Concord, & Stockton. They are passionate about supporting our local senior community and helping individuals age with dignity & grace in their own homes.

California Department of Aging

Website: aging.ca.gov

Who: The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, & residents in long-term care facilities throughout the State. CDA contracts with & oversees the local Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors & adults with disabilities.

Eskaton Resources

(866) 375-2866

Website: www.eskaton.org/resources

Who: Our trained resource navigators are available to assist older adults and their family members in finding and utilizing community-based resources.

Home Instead Senior Homecare Services

(888) 343-0182

Website: www.homeinstead.com

Who: Home Instead services make life easier for seniors & their families. Your local, independently owned & operated franchise office will seek to match compassionate, reliable caregivers – we call them Care Professionals, or Care Pros for short – with each Client’s personality & needs.

In-Home Supportive Services

Placer: (530) 886-1870
Sacramento: (916) 874-2888

Website: www.cdss.ca.gov/in-home-supportive-services

Who: The In-Home Supportive Services (IHSS) program provides in-home assistance to eligible aged, blind, and disabled individuals as an alternative to out-of-home care and enables recipients to remain safely in their own homes.

Meals on Wheels

(916) 444-9533

Website: www.mowsac.org

Who: Meals on Wheels wants to enhance the dignity and quality of life of Sacramento area older adults through nutritional programs that include assessment of needs, education, supportive services, and assistance to families and caregivers.

Oasis Senior Advisors, East Sacramento

(916) 365-4478

Website: www.oasisenioradvisors.com/east-sacramento/

Who: At Oasis Senior Advisors, we are committed to simplifying the process of selecting a senior housing community for you & your family. Each of our locally-owned, community-based services, offers a personal, compassionate approach to help you with your unique needs. We know the many communities in your area, and handle all of the research for you.



Placer Independent Resources Services

(530) 885-6100

Website: pirs.org

Who: PIRS is a non-profit independent living center. Our mission is to advocate, empower, educate & provide services for people with disabilities enabling them to control their alternatives for independent living. The Home Modification/Repair services enable seniors to reduce the risk of falls & to assist with maintaining independence at home.

Seniors First

(530) 492-5404

Website: seniorsfirst.org

Who: Seniors First exists to provide programs, services & long-term support to Placer County seniors so that they may maintain their independence as long as possible.

Suicide Prevention

Hotline

Call or text 9-8-8

Lincoln: (916)645-8866

National Suicide Prevention Lifeline: (800) 273-8255

Roseville: (916)773-3111

Sacramento: (916)368-3111



Youth Crisis

Hotlines

Adult Protective Service

Sacramento: (916) 874-9377

Placer: (888) 886-5401

California Youth Crisis

(800) 843-5200

Child Find of America

(800) 426-5678

for missing or abducted
children

National Center

(800) 843-5678

for Missing & Exploited
Children

National Child

(866) 367-5444

for Sexual Abuse Help

Parent Support Line

(888) 281-3000

Crisis Resolution Center

(866) 251-7584

Website: www.kfh.org

S.A.F.E. Alternatives

(800) 366-8288

for Self Abuse Behaviors

Website: selfinjury.com

Why Should I follow Jesus?

The reality is, that God loves you. He wants you to experience abundant peace & eternal life. He loves you so much that He sacrificed His only son to die for your sins. God did not create robots to love & obey Him automatically, because then that would not be an authentic loving relationship. He gave you free will & a choice. This free will often causes a separation from God due to disobedience.

“For everyone has sinned; we all fall short of God’s glorious standard.”

Romans 3:23

The Solution

The good news is that you matter to God. He’s given an avenue for forgiveness where you can restore your relationship with Him. He gave His Son Jesus to pay the death penalty by sending Him to the cross & raising Him from the grave.

“Christ suffered for our sins once for all time. He never sinned, but He died for sinners to bring you safely home to God.”

1 Peter 3:18

It’s not enough to just know this, or even agree with it. You must act on it.

1. Humbly admit to God that you need His forgiveness
2. Confess that Jesus is Lord & that He alone can save you
3. Believe in your heart that God raised Jesus from the dead to pay for your sins

“If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.”

Romans 10:9

~~~~~

**Resources compiled by Bayside Church of Granite Bay**

8191 Sierra College Blvd.  
Roseville: (916) 791-1244

Service times: Saturday – 4:45 pm | Sunday – 8:15 am, 9:45  
am, 11:30 am & 6 pm

**Website:** [www.baysideonline.com](http://www.baysideonline.com)

Other ***Bayside Church Locations:***

Bayside Adventure  
6401 Stanford Ranch Rd, Roseville, CA 95677

Bayside Blue Oaks  
10000 Alantown Drive, Roseville, CA 95661

Bayside Folsom  
Blue Ravine Road, Folsom, CA 95630

Bayside Davis  
2121 Calaveras Avenue, Davis CA 95616

Bayside Santa Rosa  
3175 Sebastopol Road, Santa Rosa, CA 95407

Bayside Orange County  
55 Fair Drive, Costa Mesa, CA 95626

~~~~~

Bayside